**Layover rules for BL 500**

The mandatory layover for BL 500 is 28 hours, of which time adjustment has to be taken at checkpoint Bonakas, and 3 hours at Masjok 2. The remaining 25 hours can be taken as wished, split between the various checkpoints.

**Layover rules for BL 350**

The mandatory layover for BL 350 is 18 hours, of which time adjustment has to be taken at checkpoint Bergeby 1 and 3 hours at Masjok 2. The remaining 15 hours can be taken as wished, split between the various checkpoints.

**Layover rules for BL 150 and BL junior**

The mandatory layover for Bergebyløpet 150 is 5 hours, of which 2 hours + time adjustment has to be taken at Masjok 1, followed by 3 hour’s rest at Masjok 2.

**Mandatory veterinary checks for BL 650**

It is one mandatory veterinary checks during Bergebyløpet 650. These must be taken at one of Nyborg 2. All dogs will be checked by veterinarians. The musher will be given a written report from the veterinarian that the dogs have been checked, before being allowed to proceed along the trail. It is the musher’s responsibility to make sure that the mandatory veterinary check is carried out. Mushers who do not comply with the veterinary checks, or who do not have the written reports that the checks have been carried out, are reckoned to be disqualified from the race. The veterinarians are allowed free access to check dogs at all checkpoints, and can, at any time, perform extra checks of dogs if they feel it is necessary.

**Mandatory veterinary checks for BL350**

It is one mandatory veterinary checks during Bergebyløpet 350. This must be taken at

checkpoint Nyborg. The musher will be given a written report from the veterinarian that the

dogs have been checked, before being allowed to proceed along the trail. It is the musher’s

responsibility to make sure that the mandatory veterinary check is carried out. Mushers who do not comply with the veterinary checks, or who do not have the written reports that the checks have been carried out, are reckoned to be disqualified from the race. The veterinarians are allowed free access to check dogs at all checkpoints, and can, at any time, perform extra checks of dogs if they feel it is necessary.

**Rules for manned checkpoints**

The musher has access to water and straw/hay, and is allowed to receive assistance from the handler (see separate paragraph about rules for handlers). The musher may also use their own form of sleeping mat for the dogs. Sleeping accommodation is available for mushers under cover, but mushers must provide for their own sleeping mat/mattress/camping bed. Neither dog food nor feeding equipment is to be taken in to buildings. Bonakas 1-2, Nyborg 1-2 and Vadsø 1-2 are all manned checkpoints.

**Rules for checkpoint without depot and free of handlers**

The musher must manage everything on their own without assistance from the handler. It is not allowed to drop food or equipment at checkpoint without depot and free of handlers so everything that will be used, must be transported in the sled. This includes food for the dogs, food for the musher, personal sleeping equipment, for example, sleeping mat, etc. The musher has access to water and straw/hay, and may also use their own form of sleeping mat for the dogs. Handlers have restrictions on how they may assist the musher (see separate paragraph about rules for handlers). Before exchanging or adding to any equipment at checkpoint without depot and free of handlers the musher must request this from the race arrangers. There is a large sleeping tent or similar for mushers only at these checkpoints. Mushers are themselves responsible for keeping a check on their dogs, and are also responsible for making sure that their team remains in the appointed place at the checkpoint. Masjok 1-2 and Bergeby 1-2 are checkpoint without depot and free of handlers.

**Checkpoint Masjok**

It is possible to drop food for the dogs and for the musher at checkpoint Masjok. It is not

permitted to set out extra mandatory equipment. This rule relates to all the classes.

**Involvement of handlers at manned checkpoints**

One handler is allowed to lead a dog team to the appointed resting place at the checkpoint, and to help the team out from the checkpoint. The handler may move the drop bags and other

equipment to where the team is resting. In addition, the handler is allowed to help the musher

with all checkpoint routines, including care of dogs. The musher must, however, be present and take part in the care of the dogs at manned checkpoints. The handler and musher must leave the checkpoint once the dogs have been cared for. The musher is to be the last person to leave the team and the checkpoint area. The handler is not allowed to be within the area of the checkpoint, nor to return to the dogs while they are resting. If the dogs must receive attention during the rest period, only the musher is allowed to return to the team. Before departure from the checkpoint, the handler may go the team, together with the musher, and may then assist with all routines associated with preparing the dogs for departure, including helping the team out of the checkpoint. The handler is NOT allowed to have dog food ready-prepared in, for example, a cooler. All dog food must be prepared within the area of the checkpoint, where the dogs are resting, and with the use of the water cooker and other essential equipment that is already in the sled.

**Involvement of handlers at checkpoint without depot and free of handlers**

Handlers are not allowed at all to help the musher with checkpoint routines, nor are they

allowed to speak with the musher while the dogs are being cared for. Handlers may, by request of the race arrangers, help teams in and out of checkpoints at these checkpoints.

**Dog cars**

Musher with different type of dog resting cars (motorhomes etc) will be placed at permanent places at checkpoint Vadsø and checkpoint Nyborg. The organizer will give all the directions.

**Dog rest**

Dogs taking part in BL 650 and BL 350 will rest on straw or hay, otherwise insulated sleeping mats that are carried in the sled. It is not allowed to transport straw or hay further along the trail, but it is allowed to carry sleeping mats. Dogs are not allowed to rest either in dog trailers or vehicles. All dogs must be secured by necklines. Each team must be secured by use of a snow anchor or similar, in front of the lead dogs.

**Spread of infection**

If a musher suspects that dogs in the team have a risk of infections that can be spread, the

musher is to report this on arrival at the checkpoint. The musher will then be led to an area

away from other teams, to allow the team to be kept under observation and to continue in the

race.

**Public**

Members of the public may not cross the line into checkpoints, and are not allowed to help any musher without special dispensation from the race arrangers.

**Dropped dogs**

It is possible to drop dogs at all checkpoints. Handlers or others who are asked must

immediately take care of dogs that are dropped at manned checkpoints. At unmanned

checkpoints, either handlers or others must make sure that dropped dogs are also taken care of. The musher is not to leave a checkpoint before the dropped dogs are secured and cared for. No musher may continue down the race trail before a handler or other person has physically taken responsibility for any dropped dogs at unmanned checkpoints. The record of dropped dogs must be delivered to the race arrangers upon finishing the race.

**Placing of teams at checkpoints**

At checkpoints used several times by the same musher, both the musher and dog team must rest

at the same place. It is also hoped that the same straw can be used several times, where

possible. This is to prevent the spread of infection, to use less straw, and to make things easier

for the whole race support team. Such checkpoints will be clearly marked.

**Signing in and out of checkpoints**

The musher must sign in and out of each checkpoint, and is themself responsible for making sure

this is done. Mushers who have not signed may be disqualified from the race.

**Clearing of manned checkpoints**

Handlers and mushers are both responsible for clearing away the straw from the manned

checkpoints. The arrangers will provide rakes and rubbish sacks for this purpose. All equipment

and rubbish from the team much be removed from the resting place and checkpoint.

**Ski poles**

It is not permitted to use ski poles in any classes.

**Sled cover air ventilation**

The sled cover must have air ventilation for dogs in the sled. Minimum 600 cm2. The opening can be shaped like a large, or several smaller openings.

**Sled changes**

It is allowed to change sleds in all the classes. A sled must be empty before it is exchanged for another empty sled. It is only allowed to change sled at manned checkpoints. If the sled is destroyed you can also change at checkpoints without depot and free of handlers. Tfe sled change must be approved by the TD (judge).

**Size of teams**

Bergebyløpet 500: Maximum 16 dogs at the start and a minimum of 6 dogs at the finish. Not less than 9 dogs at the start.

Bergebyløpet 350: 8 dogs at the start and a minimum of 5 dogs at the finish.

Bergebyløpet 150: 8 dogs at the start and a minimum of 5 dogs at the finish.

Bergebyløpet junior: 5 or 6 dogs out of start and a minimum of 4 dogs at the finish.

**Mandatory equipment in the sled - BL 500 and BL 350:**

* Compass and map of the race trail. Maps are available for free at the mushers meeting.
* Working GPS
* Snowspade
* Extreme winter sleeping bag with a rating of at least -30C. (Must weigh a minimum of 2 kg.)
* Sleeping mat
* Extreme windproof survival bag. (Must weigh a minimum of 1200 grams) or an alternative to an extreme windproof survival bag: a tent and normal windproof bag.
* Water cooker and food bowls
* ½ litre red spirit
* Garbage bag
* Extra winter clothing (inner and outer clothing, full length, plus winter footwear)
* First aid kit
* Headtorch and batteries, plus reserve
* Axe or long knife
* 4 booties per dog (can be on the dogs)
* Matches
* Light stick or signal flare (carried on musher)
* Ski goggles
* Rope/line to secure the musher to the sled
* Emergency rations for the musher for 24 hours

Reserve food for dogs: 0.5 kg per dog plus reserve food for the musher: minimum 500 grams. This

food must travel unopened to the finish line. If the reserve food has been used during the race, it must be replaced at the first manned checkpoint. Reserve food is not meant to be used for dogs that are taken out of the race. The musher must have enough food for the dogs between unmanned checkpoints, without having to use the reserve food.

NB! Mandatory equipment must always remain in the sled. The list is meant as an absolute minumum. Damaged equipment can be replaced during the race. The musher is themself responsible for deciding what is necessary as survival equipment, and is also responsible for deciding upon what extra equipment and food is required at the unmanned checkpoints.

NB! At the finish, the TD will check that the mushers have completed the mandatory veterinary checks during the race, and that the veterinary checks have been written in compliance with the race rules. If these veterinary checks are not complete, a musher may be disqualified from the race.

**Mandatory equipment in the sled – BL 150 and BL junior:**

* Map of the race trail. Maps are available for free at the mushers meeting.
* Working GPS
* Snowspade
* Compass
* Water cooker and food bowls
* ½ litre red spirit
* Winter sleeping bag
* Windproof survival bag
* Extra headtorch with batteries
* First aid kit
* Snacks for the dogs
* Food for the musher
* Light stick or signal flare (carried on musher)
* Garbage bag

**OTHER CONDITIONS**

**Café**

It will be café at checkpoints Bonakas, Nyborg and Vadsø. The café will have various items on sale, for example, hot food, coffee, fizzy drinks, waffles, etc.

**Vaccinations**

All dogs that are to take part in races organised by the Norwegian Sled Dog Federation must be vaccinated against sudden puppy illness, parvovirus and hepatitis. These vaccinations must be no older than 3 years old on the first day of the race. Current vaccination cards must be shown to the race arrangers within two hours of the start of the race.

**Chip lists**

All participating dogs must be chipped. A list of dogs for the team must be delivered to the raceoffice. Vaccination cards with chip numbers for each dog must be carried by the handler during the race, and must be shown to the arrangers on demand.

**Self-declaration**

Must be completed and delivered to the race office within two hours of the race start.

**Entrance fee**

Mushers must be able to show a receipt for the entrance fee at the race office. No musher will be allowed to start the race until it can be proved that the entrance fee has been paid.

**Entrance fees**

BL 500: 5500 NOK

BL 350: 4000 NOK

BL 150: 1500 NOK

BL junior: 1500 NOK

A musher is not considered to be registered until the entrance fee is paid. The entrance fee minus NOK 1000,- will be paid back if the race has to be cancelled or the musher are not able to start the race. An extra cost of 1000 NOK is required for registration after 31st December. The extra charge is applicable for all the classes. If change of class the between payment we will not be payed back.

Bank account: **4750 43 99512**

IBAN: **1647504399512**

SWIFT/BIC: **SNOWNO 22**

**Prizes:**

Bergebyløpet will work until the race start to secure sponsors for the race, and will offer a range

of prizes in excess of the guaranteed minimum prizes. All mushers who complete the race will

receive a prize.

**Bergebyløpet premium table:**

Bergebyløpet is working with the premium table all the time towards the race start. If the economy allows will it be cash prizes for all the classes.

**Accommodation at Nyborg**

Accommodation is provided at Nyborg checkpoint for any mushers who wish to arrive early

at the race area. This is from Saturday 25rd january and until the start of the race of BL 500. The accommodation costs total NOK 1500 (including musher and handlers).

**Mushers’ get-together, breakfast banquet and prizegiving**

The mushers’ get-together will take place on the Saturday evening in the military building at

Nyborgmoen. The theme is general talk about mushing. The get-together will begin when the

first team arrives at the finish, and will continue until the last team arrives at the finish. The

sauna will be kept warm. A free breakfast will be served on the Sunday between 09.00 and 10.00

for all mushers and their handlers, in the military building at Nyborgmoen. Prizegiving will take

place on the afternoon/evening of the Saturday.

**Other rules and regulations**

Bergebyløpet is a race on the main race calendar, and follows the current rules and regulations

for the Norwegian Sled Dog Federation. More information can be found here: http://

[www.sleddog.no/omforbundet/Sider/Lover.aspx](http://www.sleddog.no/omforbundet/Sider/Lover.aspx)

The musher is themself responsible for having read and understood the regulations.

**Anti-doping regulations**

Bergebyløpet follows the IFSS anti-doping regulations for dogs, as well as the regulations for

banned substances. Mushers are themselves responsible for following the regulations concerning

banned substances. More details can be found at: [http://www.sleddog.no/omforbundet/Sider/](#_top)

[Antidoping.aspx](#_top)

**Norwegian Food Safety Authority**

The Norwegian Food Safery Authority (Mattilsynet) is the control authority for all live animals

that are brought in to Norway. It is important that animals that are brought over the borders do

not travel with infectious diseases. Foreign mushers, plus Norwegian mushers travelling through

other countries to the Bergeby race are themselves responsible for complying with Mattilsynet’s

rules and regulations. More about these can be found here: [http://www.mattilsynet.no/](#_top)

[dyr\_og\_dyrehold/ If Mattilsynet](#_top) needs to be contacted during the race, the number to use is:

+47 22 40 00 00.

**Dead dog**

If a dog dies on the trail, it must be transported either to the next checkpoint or to the previous

checkpoint. The dog must be placed in a refuse sack and transported in the sled. The dog must

be covered over on arrival at a checkpoint.

**Restrictions on the number of teams**

If large numbers of teams enter the race, it may be necessary to set a limit on the number of

teams. The arranger will provide due warning and information if this is the case.

**Change of class**

It is possible to change race class.

**Jury**

The jury will consist of the race leader, the race referee, one from the organizer, a fourth member and one reserve member. Each issue to be discussed by the jury will cost NOK 100,-.

**About the English translation race rules**

It is the Norwegian race rules that is official for the race.

**End of the arrangement**

The race arrangement will formally end at 12.00 on Sunday 2rd february. No teams are permitted

to leave checkpoints after this time. Teams that are still out on the trail may continue to the

next checkpoint and finish there. Teams that are already beyond the last checkpoint and are

therefore on their way to the finish will have their result approved.

**Changes**

The race arrangers reserve the right to make changes to the programme/race rules.

**Points of Contact for Bergebyløpet N70 2020**

Dag Broch (leader) tel: +47 988 99 665, mail: [post@n70.no](mailto:post@n70.no)

Mikal Lanes (secretary) tel: +47 977 77 507, mail: [bergebylopet@n70.no](mailto:bergebylopet@n70.no)